

Transition Coaching Programmes offered by County Wexford Chamber Skillnet

County Wexford Chamber Skillnet provides transition coaching programmes to employers to assist their employees who are transitioning to new roles and situations in the workplace. In-company transition coaching workshops are also available for groups of up to 10 people and can be adapted to meet the specific needs of an organisation.

Programme Name	Suitable for	Outcomes	One-to-One Coaching	Group Workshops for in-company programmes
Education to Work	This programme is aimed at those entering the workforce with little or no previous experience of the work environment.	<ul style="list-style-type: none"> • Smooth integration into the workplace. • Development of essential workplace skills. • Confidence and readiness for the new role. 	<ul style="list-style-type: none"> • Individualised internship orientation and goals. • Ongoing feedback and support throughout the internship. • Addressing specific concerns or challenges during the internship. 	<ul style="list-style-type: none"> • Introduction to the workplace culture and expectations. • Workplace etiquette and professional communication. • Setting clear goals and expectations for the internship.
Mid-Career Advancement	This programme is aimed at those who are advancing to a supervisory or management role.	<ul style="list-style-type: none"> • Enhanced leadership and decision-making skills. • Strategies for career progression. • Increased job satisfaction. Clear understanding of promotion criteria. • Enhanced leadership and management skills. • Confidence in pursuing career advancement opportunities. • 	<ul style="list-style-type: none"> • Leadership coaching and skill enhancement. • Career planning and goal setting. • Conflict resolution and decision-making strategies. • Personalised promotion strategy. • Leadership coaching and skill enhancement. • Presentation and negotiation skills development. 	<ul style="list-style-type: none"> • Leadership development and soft skills training. • Personal branding and networking. • Setting and achieving career advancement goals. • Promotion criteria and assessment. • Leadership and management skills development. • Creating a promotion action plan.

Parents Returning to Work	<p>This programme is aimed at those who may have been absent from the workplace for a considerable time and are now returning to full or part-time employment.</p>	<ul style="list-style-type: none"> • Successful reintegration into the workforce. • Work-life balance strategies. • Confidence and empowerment in the workplace. 	<ul style="list-style-type: none"> • Personalised Career Path Alignment: Tailoring their career path to their unique skills, interests, and goals. • Confidence and Self-Empowerment Coaching: Building confidence and addressing any self-doubt after a career break. • Work-Life Integration Strategy: Developing a personalised plan to effectively balance work and personal life based on their specific needs and circumstances. 	<ul style="list-style-type: none"> • Career Reorientation: Helping individuals identify and align their current skills and aspirations with their new career path. • Professional Development Planning: Assisting in setting short-term and long-term career goals. • Balancing Work and Personal Life: Providing strategies to balance work commitments with personal responsibilities.
Redundancy Support	<p>This programme is aimed at those who have recently been made redundant and are facing significant change.</p>	<ul style="list-style-type: none"> • Coping strategies for redundancy. • Skills for job search and transitioning to new opportunities. • Emotional support and self-confidence. 	<ul style="list-style-type: none"> • Personalised job search strategy. • Emotional support and stress management techniques. • Transition to new career opportunities. 	<ul style="list-style-type: none"> • Coping with redundancy and emotional well-being. • Job search strategies and networking. • Resilience and stress management.
Retirement Planning	<p>This programme is aimed at those who are approaching retirement from employment.</p>	<ul style="list-style-type: none"> • Retirement readiness and financial planning. • Personal fulfilment in retirement. • Pursuit of post-retirement goals and activities. 	<ul style="list-style-type: none"> • Personalised retirement plan. • Support for adjusting to retirement life. • Pursuing post-retirement passions and activities. 	<ul style="list-style-type: none"> • Retirement financial planning. • Goal setting for post-retirement life. • Transitioning to retirement.

Executive Coaching

This programme is aimed at those who hold senior management roles in the workplace.

- Strategic thinking and decision making
- High Performance and delivery of results
- Effective senior Leadership
- Building strong collaborative relationships
- Increasing self-awareness
- Analysing areas for potential personal improvement
- Setting personal goals for workplace performance
- Identifying CPD and self-development opportunities
- Seeking feedback 360° review
- Creating and delivering on organisational vision
- Analysis of complex issues to aid confident decision making
- Setting challenging goals and implementing effective performance management
- Developing and maintaining effective working relationships